

Shelbyville / Shelby County Parks & Recreation Adult Co-Ed Kick Ball

1. A team can play a minimum of 8 players, (4) males, (4) females or a maximum 10 players with at least 4 of the 10 players females, if a team plays with (6) men, then a man has to catch.
2. A complete game will be 7 full innings or 1 hour.
3. If a game ends in a tie after being a complete game, then the game goes to extra innings.
4. The pitcher must stay behind the pitching rubber or line until the ball has been kicked.
5. A strike cannot be higher than 1 foot when it crosses home plate, nor 1 foot greater to the right or left of home plate.
6. Three strikes is an out, or 3 foul balls is an out.
7. Four balls will constitute a walk.
8. No steel cleats allowed or steel toe shoes.
9. All kicks must be made by the foot or leg below the knee.
10. A player cannot kick the ball in front of home plate. The ball must be on or behind home plate.
11. A player, when kicking the ball, cannot bunt the ball (must be a full kick).
12. All balls must be pitched by hand.
13. No stealing or leading off of base will be allowed.
14. Runners must stay in baseline when running the bases, and running pass another runner is an out.
15. When trying to throw a runner out by hitting them with the ball, the ball cannot hit the runner above the shoulders or below the knees. If the ball does hit the runner above the shoulders or below the knees, the runner is safe and the play is dead. If the ball hits the ground first and hits the runner below the knee, the runner is out.
16. All infielders must stay behind the pitcher while the pitcher is delivering the ball. Once the ball has been delivered, and then an infielder can move in front of the pitcher to field a kicked ball. The catcher must wait until the ball has been kicked before they can move in front of home plate to field a kicked ball.
17. If a team is 10 runs behind after 4 ½ complete innings, the game will be called. Or 15 runs after 3 innings
18. The use of a courtesy runner will be allowed under the following conditions:
 - a. The kicker must reach 1st base safely.
19. The courtesy runner must be the same sex as the runner.
20. If the courtesy runner is on base and due to kick, they will be considered out.
21. Only 1 courtesy runner per inning.
22. Must be 14 years old or older to play in league.