

Shelbyville/Shelby Co. Parks & Rec.
Youth Basketball League Rules
7th-9th Grade

1. Will play four quarters of 7:00 minutes each. Clock will stop for time-outs and shooting fouls. Overtime will be 3:00 minutes. Clock will stop in the last minute of the 4th quarter on dead-ball calls.
2. Each team will have four time-outs per game. Only one time-out per overtime period.
3. Will play by High School rules.
4. Teams can press any time unless a team is 10 points or more ahead.
5. All players must play at least seven minutes the first half and five minutes of the second half. If a player picks up 3 fouls in the first half they can be taken out without being penalized for time played.
6. A team must have five (5) players to start a game. If less than five, the game will be a forfeit.
7. The forfeit time is five (5) minutes for the first (1st) game only.
8. Each coach must see that all drinks and trash are picked up from their bench after each game.