

**Shelbyville/Shelby County Parks & Recreation**  
**Youth Basketball League Rules**  
**5<sup>th</sup>-6<sup>th</sup> Grade**

1. Each quarter will be seven (7) minutes with four (4) quarters per game.
2. The clock will stop for time-outs and with ten (10) seconds or less in quarter for shooting fouls and also the last minute of 4<sup>th</sup> quarter.
3. Each team is allowed four (4) time-outs. Only one (1) time-out per overtime period.
4. Will play by High School rules.
5. Starters play one first quarter. Players not starting must play all of the 2<sup>nd</sup> quarter. Each player will play a minimum of five (5) minutes in the 2<sup>nd</sup> half. Any player with two (2) fouls or injury in the 1<sup>st</sup> quarter of play will be allowed to come out.
6. A team must play with five (5) players. If less than five (5), the game will be a forfeit. The time can then be used for a 20-minute running-clock scrimmage or to practice.
7. There will be overtime periods of three (3) minutes beginning with a jump ball.
8. Teams can full court press. If a team is 10-points or more ahead, they are not allowed to press.
9. The three (3) second rules will be in effect.