

**Shelbyville/Shelby County Parks & Recreation**  
**Youth Basketball League Rules**  
**3<sup>rd</sup>-4<sup>th</sup> Grade**

1. Each quarter will be seven (7) minutes with four (4) quarters per game.
2. The clock will stop for time-outs and with 10 seconds or less in quarter for shooting fouls, and also last minute of 4<sup>th</sup> quarter.
3. Each team is allowed four (4) time-outs per game. One (1) time-out per overtime period.
4. Will play by High School rules.
5. Players must start their free throw shot behind the line, but may cross it in completing their attempt without nullifying the basket.
6. Starters play 1<sup>st</sup> quarter. Only non-starters will be permitted to play in second quarter. Each player will play a minimum of five (5) minutes in second half. Any players with three (3) fouls or injury in 1<sup>st</sup> quarter can come out.
7. A team may play with a minimum of four (4) players. If less than four (4), the game will be a forfeit. The time then will be used for a 20 minute running clock scrimmage or to practice.
8. The forfeit time is five (5) minutes for the 1<sup>st</sup> game only.
9. There will be overtime periods of three (3) minutes beginning with a jump ball.
10. Teams will be allowed to play any type of defense, with the exception of double-teaming above the free throw line. Teams can press in the 2<sup>nd</sup> half of the game, man-to-man only, no double teaming or trapping. If a team is 10 points ahead, they cannot press engage in full court press.
11. The five (5) second rule will be in effect at all times, for lane violations.
12. No offensive clear outs will be allowed. Possession will be forfeited.